

DISHES AND THEIR ALLERGEN CONTENT – TANOSHII RESTAURANT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mixed Hor's Dors	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓		✓
Veg Mixed Hor's Dors	✓	✓		✓					✓	✓	✓	✓	✓	✓
Japanese Mixed Hor's Dors		✓	✓	✓	✓			✓	✓	✓		✓	✓	✓
Thai Mixed Platters	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓		✓
Crispy Seaweed	✓	✓												
Crispy Wonton		✓											✓	✓
Sesame Prawn On Toast	✓	✓	✓	✓		✓						✓	✓	
Vegetarian Spring Rolls		✓		✓								✓		
Spring Rolls		✓		✓								✓		
Barbecue Ribs	✓	✓							✓			✓	✓	



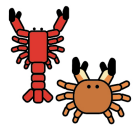
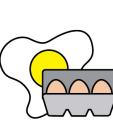










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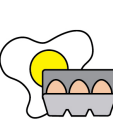




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Capital Ribs with Fruity Sauce	✓	✓			✓				✓			✓	✓	✓
Ribs Thai Style with Chilli	✓	✓							✓			✓	✓	✓
Ribs Peppercorn with Chilli	✓	✓							✓			✓	✓	✓
Satay Chicken	✓	✓	✓						✓	✓	✓	✓	✓	✓
Satay Prawns	✓	✓	✓						✓	✓	✓	✓	✓	✓
Satay Beef	✓	✓	✓						✓	✓	✓	✓	✓	✓
Satay Vegetables	✓	✓	✓						✓	✓	✓	✓	✓	✓
Chive & Shrimps Gyoza		✓	✓	✓								✓	✓	✓
Chicken Gyoza		✓										✓	✓	✓
Pork Gyoza		✓										✓	✓	✓

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Vegetables Gyoza		✓										✓	✓	✓
Deep Fried Crab Claws	✓	✓	✓	✓						✓			✓	✓
Deep Fried Prawn Peppercorn	✓	✓	✓	✓						✓				✓
Prawn Crackers		✓	✓											
Tea Smoked Chicken	✓	✓	✓									✓	✓	✓
Sea Salted Edamame													✓	
Vegetarian Sweet Tofu Wrap		✓										✓	✓	



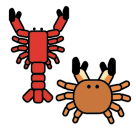
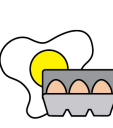








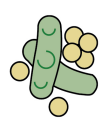

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Spicy Garlic Drumsticks		✓										✓	✓	✓
Pumpkin Croquette		✓		✓									✓	
Age Dashi Tofu	✓	✓			✓			✓				✓	✓	
Panko Honey King Prawn		✓	✓	✓									✓	
Chinese Green w/ Oyster sauce		✓					✓	✓				✓	✓	
Char-grilled Chicken Yakitori		✓											✓	
Deep Fried Soft Shell Crab		✓	✓		✓		✓	✓						✓
Chicken Kara-age		✓		✓					✓				✓	
Spicy Calamari Rings		✓						✓	✓				✓	✓
Seaweed Salad														

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Dragon Whiskers Prawn		✓	✓	✓								✓	✓	
Wasabi Mayo Prawn		✓	✓	✓					✓				✓	
Har Kau		✓	✓	✓									✓	
Siu Mai		✓	✓	✓	✓							✓	✓	
Potato Wrapped Shrimp		✓	✓	✓									✓	
Crispy Aromatic Duck		✓			✓			✓					✓	✓
Vegetarian Aromatic Duck		✓			✓			✓					✓	
Mussels in Black Bean Sauce		✓						✓					✓	



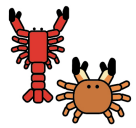







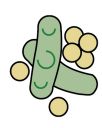

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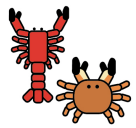
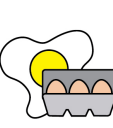








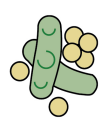

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Ebi Tempura		✓	✓	✓				✓					✓	✓
Yasai Tempura		✓	✓	✓				✓					✓	✓
Mixed Tempura		✓	✓	✓				✓					✓	✓
Hot and Sour Soup	✓	✓	✓	✓									✓	
Chicken & Mushroom Soup	✓	✓										✓	✓	
Won Ton Soup		✓	✓	✓									✓	
Chicken Sweetcorn soup	✓	✓		✓									✓	
Crab Meat Sweetcorn soup	✓	✓	✓	✓									✓	
Tom Yum Chicken		✓			✓								✓	
Tom Yum Prawn		✓	✓		✓								✓	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tom Yum Vegetables		✓	✓		✓								✓	
Tom Kha Chicken		✓	✓		✓								✓	
Tom Kha Prawn		✓	✓		✓								✓	
Tom Kha Vegetables		✓	✓		✓								✓	
Miso Soup		✓											✓	
Iron Plate Sizzling Chicken w/ S/Onion		✓											✓	
Iron Plate Sizzling Prawn w/ S/Onion		✓	✓										✓	
Iron Plate Sizzling Beef w/ S/Onion		✓											✓	
Iron Plate Sizzling Chicken w/ Black Bean		✓											✓	
Iron Plate Sizzling Prawn w/ Black Bean		✓	✓										✓	



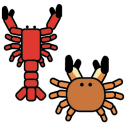
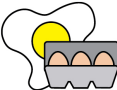
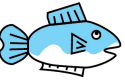
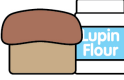








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Iron Plate Sizzling Beef w/ Black Bean		✓											✓	
Steam Seabass w/ Ginger & S/Onion		✓			✓								✓	
Steam Seabass w/ Black Bean		✓			✓								✓	
Fried Seabass w/ chilli and Basil		✓			✓								✓	
Scallops with Ginger & S/Onion		✓	✓					✓					✓	
Sweet & Sour Chicken	✓	✓		✓					✓				✓	



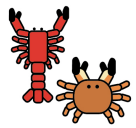
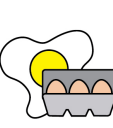






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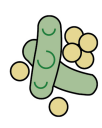
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Sweet & Sour Prawn	✓	✓		✓					✓				✓	
Sweet & Sour Pork	✓	✓		✓					✓				✓	
Chicken Black Bean Sauce	✓	✓											✓	
Prawn Black Bean Sauce	✓	✓	✓										✓	
Beef Black Bean Sauce	✓	✓										✓	✓	
Chicken Spicy Kung Po Sauce	✓	✓		✓									✓	
Prawn Spicy Kung Po Sauce	✓	✓	✓										✓	
Chicken Szechuan with chilli		✓											✓	
Prawn Szechuan with chilli		✓	✓										✓	
Chicken with Plum Sauce		✓						✓					✓	✓

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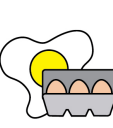






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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Prawn with Plum Sauce		✓	✓					✓					✓	✓
Duck with Plum Sauce		✓	✓	✓				✓					✓	✓
Pork with Plum Sauce		✓	✓	✓				✓					✓	✓
Chicken with Mixed Vegetables		✓						✓					✓	
Prawn with Mixed Vegetables		✓	✓					✓					✓	
Beef with Mixed Vegetables		✓						✓					✓	
Pork with Mixed Vegetables		✓						✓					✓	
Chicken Bamboo shoot & water chestnut	✓	✓						✓					✓	
Prawn Bamboo shoot & water chestnut		✓	✓					✓					✓	
Chicken Yellow Bean with Cashew nuts		✓								✓			✓	

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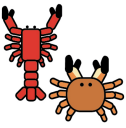
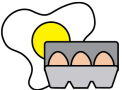
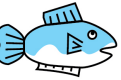






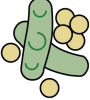

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DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Fried Chicken with Lemon Sauce		✓		✓									✓	
Chicken Ball with Sweet & Sour Sauce		✓		✓									✓	
Crispy Shredded Beef with Chilli	✓	✓		✓				✓					✓	✓
Char Siu		✓	✓	✓									✓	✓
Roasted Duck with Duck sauce		✓										✓	✓	✓
Mandarin Sirloin Steak in Fruity Sauce		✓											✓	
Sirloin Steak with Black Pepper Sauce		✓											✓	✓
Chicken Golden Sand Satay Sauce		✓									✓		✓	
Prawn Golden Sand Satay Sauce		✓	✓								✓		✓	
Beef Golden Sand Satay Sauce		✓									✓		✓	

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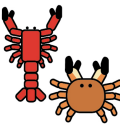
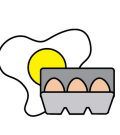

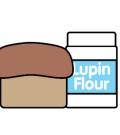

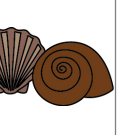

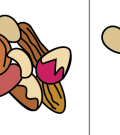

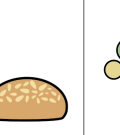
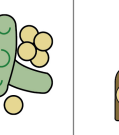

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Lamb Golden Sand Satay Sauce		✓									✓		✓	
Chicken Kapitan		✓											✓	
Prawn Kapitan		✓	✓										✓	
Beef Kapitan		✓											✓	
Lamb Kapitan		✓											✓	
Chicken Teriyaki		✓											✓	✓
Salmon Teriyaki		✓			✓								✓	✓
Beef Teriyaki		✓											✓	✓
Chicken w/ Chilli and Sweet Basil	✓	✓			✓								✓	
Prawn w/ Chilli and Sweet Basil	✓	✓	✓		✓								✓	

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Beef w/ Chilli and Sweet Basil	✓	✓			✓								✓	
Vegetables w/ Chilli and Sweet Basil	✓	✓			✓								✓	
Tom Yam Style Chicken	✓	✓			✓			✓					✓	
Tom Yam Style Prawn	✓	✓	✓		✓			✓					✓	
Sambal Chicken		✓	✓		✓								✓	
Sambal Prawn		✓	✓		✓								✓	
Sambal Beef		✓	✓		✓								✓	✓
Deep Fried Penang Style Chicken	✓	✓			✓								✓	
Deep Fried Penang Style Prawn	✓	✓	✓		✓								✓	
Deep Fried Penang Style Pork	✓	✓			✓								✓	



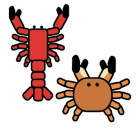
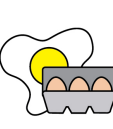
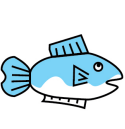
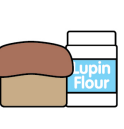








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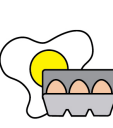







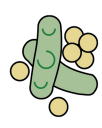

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Thai Green Curry Chicken	✓	✓			✓								✓	✓
Thai Green Curry Prawn	✓	✓	✓		✓								✓	✓
Thai Green Curry Beef	✓	✓			✓								✓	✓
Thai Green Curry Vegetables	✓	✓			✓								✓	✓
Thai Green Curry Lamb	✓	✓			✓								✓	✓
Thai Red Curry Chicken	✓	✓			✓								✓	✓
Thai Red Curry Prawn	✓	✓	✓		✓								✓	✓
Thai Red Curry Duck	✓	✓			✓								✓	✓
Thai Red Curry Vegetables	✓	✓			✓								✓	✓
Katsu Curry Chicken	✓	✓		✓			✓		✓		✓	✓	✓	

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DISHES AND THEIR ALLERGEN CONTENT – TANOSHII RESTAURANT


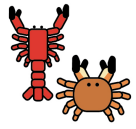
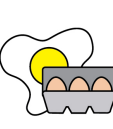
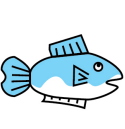
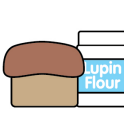




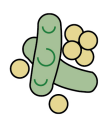

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Katsu Curry Prawn	✓	✓	✓				✓	✓	✓		✓	✓	✓	
Rendang Malaysian Curry Chicken	✓	✓											✓	✓
Rendang Malaysian Curry Prawn	✓	✓	✓										✓	✓
Rendang Malaysian Curry Beef	✓	✓											✓	✓
Rendang Malaysian Curry Vegetables	✓	✓											✓	✓
Rendang Malaysian Curry Lamb	✓	✓											✓	✓
Chinese Style Curry Chicken		✓											✓	
Chinese Style Curry Prawn		✓	✓										✓	
Chinese Style Curry Beef		✓											✓	
Chinese Style Curry Vegetables		✓											✓	

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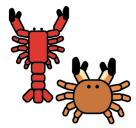
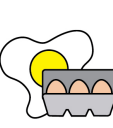







You can find this template, including more information at www.food.gov.uk/allergy

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chinese Style Curry Lamb		✓		✓									✓	
Szechuan Mixed Vegetables		✓		✓				✓					✓	✓
Szechuan Tofu		✓		✓				✓					✓	✓
Mixed Vegetables in Black Bean	✓	✓		✓									✓	
Tofu in Black Bean	✓	✓										✓	✓	
Stir Fried Bean sprouts		✓		✓									✓	
Stir Fried Vegetables w/ Bamboo Shoot	✓	✓		✓				✓					✓	
Stir Fried Broccoli with Garlic	✓	✓		✓				✓					✓	
Chicken Chow Mein	✓	✓		✓	✓			✓					✓	
King Prawn Chow Mein	✓	✓	✓	✓	✓			✓					✓	

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetarian Chow Mein	✓	✓		✓				✓					✓	
Singapore Rice Noodles	✓	✓	✓	✓				✓					✓	
Seafood Yaki Udon	✓	✓	✓		✓			✓					✓	
Mee Goreng	✓	✓	✓	✓	✓			✓					✓	
Chicken Phad Thai	✓	✓		✓	✓			✓			✓		✓	
Prawn Phad Thai	✓	✓	✓	✓	✓			✓			✓		✓	
Penang Char Kway Teow	✓	✓	✓	✓	✓			✓					✓	
Gluten Free Rice Noodles													✓	
Chicken Fried Rice		✓		✓									✓	
King Prawn Fried Rice		✓	✓	✓									✓	

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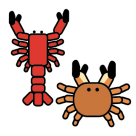
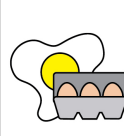
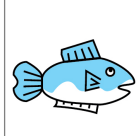


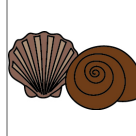




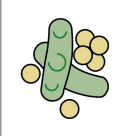

DISHES AND THEIR ALLERGEN CONTENT – TANOSHII RESTAURANT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Nasi Goreng		✓	✓	✓									✓	
Special Fried Rice		✓	✓	✓									✓	
Egg Fried Rice		✓		✓									✓	
Steamed Rice														
Coconut Rice		✓										✓		
Chips														
Chilli Oil	✓	✓			✓								✓	
Duck Pancake	✓			✓		✓							✓	
Duck Sauce		✓			✓			✓					✓	
Gyoza Sauce		✓			✓								✓	

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sweet Chilli Sauce		✓											✓	
Mochi Ice-Cream		✓		✓			✓			✓		✓		
Toffee Banana		✓												
Banana Fritter		✓												
Toffee Apple		✓												
Apple Fritter		✓												

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